



# JULY 2008

## Mount Greylock State Reservation

Park Contact: Julia

Park Phone Number (413) 499-4262

NOTE: For more information on programs, please see Program Descriptions below the Calendar

Sun.	Mon.	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Dog Walks: 9-10:30am	2 Nice & Easy Hike: 10am-noon Story Time-Williamstown Lib. 10:30-11:30am Story Time-Lanesboro Lib. 2:30-3:30pm	3 Recycled Art: 2-3pm	4 Tyke Hike: 10-11am	5 Yoga Walk: 10-11am
6	7	8 Dog Walks: 9-10:30am	9 Nice & Easy Hike: 10am-noon Story Time-Williamstown Lib. 10:30-11:30am Story Time-Lanesboro Lib. 2:30-3:30pm	10 Junior Rangers: 10am-noon Recycled Art: 2-3pm	11 Tyke Hike: 10-11am	12 Yoga Walk: 10-11am
13	14	15 Dog Walks: 9-10:30am	16 Nice & Easy Hike: 10am-noon Story Time-Williamstown Lib. 10:30-11:30am Story Time-Lanesboro Lib. 2:30-3:30pm	17 Junior Rangers: 10am-noon Recycled Art: 2-3pm	18 Tyke Hike: 10-11am	19 Thoreau on the Bellows Pipe Hike: 10am-3:30pm Yoga Walk: 10-11am
20	21	22 Dog Walks: 9-10:30am	23 Nice & Easy Hike: 10am-noon Story Time-Williamstown Lib. 10:30-11:30am Story Time-Lanesboro Lib. 2:30-3:30pm Berkshire Highlanders Concert: 7-7:30pm	24 Junior Rangers: 10am-noon Recycled Art: 2-3pm	25 Tyke Hike: 10-11am	26 Yoga Walk: 10-11am
27	28	29 Dog Walks: 9-10:30am	30 Nice & Easy Hike: 10am-noon Story Time-Williamstown Lib. 10:30-11:30am Story Time-Lanesboro Lib. 2:30-3:30pm	31 Junior Rangers: 10am-noon Recycled Art: 2-3pm	August 1 Tyke Hike: 10-11am	August 2 Yoga Walk: 10-11am  See our August events calendar for more programs!

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### PROGRAM DESCRIPTIONS

Dog Walks Tuesdays, 9-10:30am	For all ages, meet at Visitor Center. Dogs must be accompanied by an adult. Take a walk on the Mt. Greylock trails to familiarize you and your pup with the woods.
Nice & Easy Hikes Wednesdays through Oct. 29, 10am-noon	Geared for seniors but open to all, guided and easy paced 1-2 mile hikes around Mount Greylock. Call Visitors Center for hike meeting place. Rain cancels hike.
Story Time at the Williamstown Library Wednesdays, 10:30-11:30am	Ages Pre-K to Kindergarten, meet at the Williamstown Library. Come and introduce your children to the outdoors through Story Time. Each week features a different book focusing on the outdoors, the importance of cooperation and also learning about a new animal, followed by an animal related craft.
Story Time at the Lanesborough Library Wednesdays, 2:30-3:30pm	Ages Pre-K to Kindergarten, meet at the Lanesborough Library. Come and introduce your children to the outdoors through Story Time. Each week features a different book focusing on the outdoors, the importance of cooperation and also learning about a new animal, followed by an animal related craft.
Junior Ranger Program Thursdays, 10-noon	Children ages 8-12. State park staff supervised Junior Ranger activities promote outdoor recreation skills and an appreciation of the natural world through fun activities and games. Participants who complete five out of the seven sessions receive a special patch and certificate. Parents or guardians must register their children by Thursday July 3 <sup>rd</sup> .
Recycled Art Projects, Thursdays, 2-3pm	For ages 6 to 12. Meet at the Visitors Center. Create your our recycled art project out of the trash we generate everyday. Reduce, reuse and recycle!
Tyke Hike Fridays, 10-11am	For children ages 8 and under. Meet at the Mount Greylock Visitors Center on Rockwell Road in Lanesborough. Go for a short Park Interpreter-guided walk and experience the nature around you, then listen to a fun children’s story and make a related craft. This is a great opportunity to introduce young children to the outdoors.
Yoga Walks Saturdays, 10-11am	The program is suitable for all ages and to all levels of physical ability. This recreational program incorporates a variety of breathing exercises, postures, relaxation, and a short walk, helping you to relax, stretch and find you’re your center. Call ahead for meeting location
Thoreau on the Bellows Pipe Hike, July 21, 10am-3:30pm	Recommended for ages teen to adult. Guided hike along the historic 1844 route of American naturalist and writer, Henry David Thoreau to the summit of Mount Greylock, following his account in “A Week on the Concord and Merrimack Rivers.” Strenuous difficulty, 11 mile round-trip. Dress appropriately for weather, wear sturdy hiking boots, bring water lunch & snack. Hiking poles are recommended. Meet at 10:00am at intersection of Notch and Reservoir Roads in North Adams, off Route 2.

### SPECIAL EVENT

Berkshire Highlanders Concert, July 23, 7-7:30pm	Mount Greylock Visitors Center. Always a crowd favorite. The bagpipes and drums are sure to thrill you! Bring a picnic supper, lawn chairs or blanket, or just relax and enjoy the view and the pipes!
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